RELATIONSHIPS AND SEX EDUCATION AUDIT AND PROVISION MAP

Provision map for Relationships Education, Relationships and Sex Education and Health Education

St Norbert's Catholic Primary Voluntary Academy (March 2021)

The provision map covers EYFS, KS1 and KS2 and is based on three core themes, within which there will be broad overlap. It is also adaptable to the age and ability of the pupils within our school.

Each theme covers the core strands of 'Education in Virtue' and 'Religious Understanding' as well as strands which cover the PSHE content of the theme and reflect the DfE statutory requirements (September 2020) regarding the Health Education (HE) and Relationships Education (RE) aspects of PSHE education.

The three themes are:

Created and loved by God (this explores the individual)

The Christian imperative to love self, made in the image and likeness of God, shows an understanding of the importance of valuing and understanding oneself as the basis for personal relationships.

Created to love others (this explores an individual's relationships with others)

God is love. We are created out of love and for love. The command to love is the basis of all Christian morality.

Created to live in community – local, national & global (this explores the individual's relationships with the wider world)

Human beings are relational by nature and live in the wider community. Through our exchange with others, our mutual service and through dialogue, we attempt to proclaim and extend the Kingdom of God for the good of individuals and the good of society.

*In addition to the range of RSHE resources and strategies we use at St. Norbert's (documented below), we have also signposted further coverage within the 'Other' column which are already part of the rich day to day Catholic life of the school, and reinforced through pupil's development of, and participation in the prayer life and Collective Worship provision of our school.

Relationships	and Sex Education			Audit of Cur	rent Practice		
KEY STAGE STRAND	LEARNING OUTCOMES	Come & See	Statements to Live By	PSHE	Journey in Love	Ten:Ten	OTHER
KEY STAGE 1 / EYFS Understanding Self & how to relate to Others	 Key Stage 1: know that they are made by God and are precious value themselves and others as God's children know God loves each one & God knows each person's name 	Families Y 1 Beginnings Y2 Treasures Y2 Families Y1 Beginnings Y2 Myself R	1. We are all special 13. I try to love others as I love myself	Harvest celebration, Vocations Week visitors Rights Respecting Work	Wonder at God's Love (p.7-10) Nursery We meet God's love in our family Y1 (15-18)	Module One: Created and Loved by God: Unit 1: Religious Understanding Unit 2: Me, My Body, My Health	Whole school and class assemblies CAFOD
Others	 Key Stage 1: identify and value similarities and differences between people PEOPLE & COMMUNITIES - Early Learning Goal: Children talk about past and present events in their own lives and in the lives of family members. They know that other children don't always enjoy the same things, and are sensitive to this. They know about similarities and differences between themselves and others, and among families, communities and traditions. 	Other Faiths (all) Neighbours Y1	2. I notice that we are the same and we are different	Visits from local police, Rights respecting school award, Fair Trade work, visits from/to people of other faiths, Chinese New Year	Wonder at God's Love (p.8) Nursery God loves each of us in our uniqueness pp.12-14 Reception We meet God's love in our family Y1 (15-18) We meet God's love in the community pp19- 22 Y2	Unit 3: Emotional Well-Being Unit 4: Life Cycles Module 2: Created to Love Others: Unit 1: Religious Understanding Unit 2: Personal Relationships Unit 3: Keeping Safe	Global Awareness work, Cafod work, work on other faiths. CAFOD
	 Key Stage 1: identify and be able to talk with someone they trust SELF CONFIDENCE & SELF AWARENESS - Early Learning Goal: Children are confident to try new activities, and say why they like some activities more than others. They are confident to speak in a familiar group, will talk about their ideas, and will choose the resources they need for 	Families Y1	25. I know when to ask for help and who to ask for help from 28. I understand what trust means	Named person - Mrs Mell, Safe School Ambassadors			Circle Times, child-led liturgies, school performances and assemblies, pupil questionnaires

	their chosen activities. They say when they do or don't need help.					
Ke •	recognise safe and unsafe situations and use simple rules for dealing with strangers and for resisting pressure when they feel unsafe or uncomfortable		7. I try to stand up for myself and others 26. I can recognise comfortable and uncomfortabl e feelings	Police , School Nurse, Road safety training, cyber bullying and e- safety, water safety, fire service		Teaching children to 'Say no' with PCSO Darius Cook Local MP NSPCC
•	know the basic rules for keeping themselves healthy EALTH & SELF CARE - Early Learning Goal: Children know the importance for good health of physical exercise, and a healthy diet, and talk about ways to keep healthy and safe. They manage their own basic hygiene and personal needs successfully, including dressing and going to the toilet independently.		9. I can tell you how I look after myself 10. I think before I make choices that affect my health	Healthy eating, safe hand-washing, Evolve, children taught to name the parts of the body, 'good and bad touching' at age appropriate level (NSPCC)		Intra-school competition
• LIS	listen and co-operate with others STENING & ATTENTION - Early Learning oal: Children play co-operatively, taking turns with others. They take account of one another's ideas about how to organise their activity. They show sensitivity to others' needs and feelings, and form positive relationships with adults and other children.	Belonging Y1 Change Y1 (LF3)	8. I try to be just and fair 14. I try to follow our school and classroom rules 17. I listen to what you say. I show that I am listening to you 18. I cooperate with others in work and play	Activities designed to promote the CRC, School Council	Wonder at God's Love (Page 9) Nursery	intra-school competitive sport, Circle Times, drama lessons, collaborative D&T (STEM), choral speaking, team performance singing

KEY STAGE STRAND	LEARNING OUTCOMES	Come & See	Statements to Live By	PSHE	Journey in Love	Ten:Ten	OTHER
KEY STAGE 1 / EYFS Family, Friendship, Church, Community	 Key Stage 1: recognise they belong to a family, know that families should be special and understand that family members should care for each other and share 	Families Y1 Meals Y1	16. I know we are happiest when we are united	Stay and Play, grandparent readers, classroom volunteers, Vocations Week	God loves each of us in our uniqueness (pp.11-14) Reception We meet God's love in our family Y1 (15-18)	Module 2: Created to Love Others: Unit 1: Religious Understanding Unit 2: Personal Relationships Unit 3: Keeping Safe	Wants/needs work - Rights Respecting, class collective worship.
	 Key Stage 1: know about the needs of babies and young people and the importance of positive parenting 			New babies introduced, role- play baptism,	We meet God's love in our family Y1 (15-18)	Module 3: Created to Live in Community: Unit 1:	Child-led liturgies focusing on sacrament of baptism
	 Key Stage 1: recognise the school and parish as a caring community know & understand that we are welcomed into our school & parish family 	Signs & Symbols Y2 Special People Y1 Welcome F2	15. I know that I belong in a community that includes my school	Rights Respecting, Good Buddies, Buddy Bus Stop	We meet God's love in the community pp19- 22 Y2	Religious Understanding Unit 2: Living in the Wider World	Mission Statement – developed by all stakeholders, shared parish functions, volunteers from the parish working in school
	 Key Stage 1: recognise that all are part of God's family 	Families Y1			Wonder at God's Love (p.10) Nursery We meet God's love in our family Y1 (15-18)		Vocations Week
	 Key Stage 1: appreciate celebrations marking birthdays and special occasions know & understand what a birthday is for 	Preparing Y2 Opportunities Y2 Birthdays F2		Celebrating anniversaries, May Day, Ash Wednesday, St Norbert's Feast Day, Chinese New Year, Remembrance	We meet God's love in our family Y1 (15-18)		Pray and celebrate in assembly, Christmas Performances
	 Key Stage 1: appreciate relationships – family & friends and how they work together, share, share feelings and talk, play together and pray together Know & understand we can make friends 	Thanksgiving Y2 Rules Y2 Being Sorry Y2 Families Y1 Friends F2	8. I try to be just and fair 10. I can work, play, rest and pray each day	Stay and Play, Vocations Week	God Loves each of us in our uniqueness pp12-14 Reception		Advent Prayer bags, Lenten preparation bags, homework

PEOPLE & COMMUNITIE Goal: Children talk about pevents in their own life of family members. To other children don't same things, and are They know about sime differences between others, and among facommunities and tra	ast and present ves and in the lives They know that always enjoy the sensitive to this. hilarities and themselves and amilies,	18. I cooperate with others in work and play		We meet God's love in our family Y1 (15-18) We meet God's love in the community pp19- 22 Y2	
Key Stage 1: • know that saying sor	ry is important Rules Y2 Being Sorry Y1 Change Y1 (LF3)	31. I know how to show I am sorry	Restorative Justice cards, Named Person, Safe School Ambassadors, Rights Respecting Charters		Lenten/Advent preparation bags
Key Stage 1: • identify and share the others and develop a with their emotions MAKING RELATIONSHIPS Goal: • Children play co-ope turns with others. The one another's ideas organise their activity sensitivity to others' feelings, and form powith adults and other.	Friends F2 5 - Early Learning ratively, taking ley take account of labout how to labout how labo	3. I can say how I feel	Social Stories, Art Therapy, Circle Time,	Wonder at God's Love (Page 9) Nursery God loves each of us in our uniqueness Reception (p.13) We meet God's love in the community pp21- 22 Y2	Restorative Justice, Out-of- school Club (Goldstar)
Key Stage 1: • recognise that their affect other people MANAGING FEELINGS & Early Learning Goal: • Children talk about hothers show feelings own and others' behone consequences, and koehaviour is unaccept	BEHAVIOUR - now they and , talk about their aviour, and its now that some		Social Stories, Art Therapy, Circle Time,	We meet God's love in the community pp19- 22 Y2	Restorative Justice, Out-of- school Club (Goldstar)

as part of a group or class, and			
understand and follow the rules. They			
adjust their behaviour to different			
situations, and take changes of routine			
in their stride.			

KEY STAGE STRAND	LEARNING OUTCOMES	Come & See	Statements to Live By	PSHE	Journey in Love	Ten:Ten	OTHER
KEY STAGE 1 / EYFS Know about emotional and physical	 Key Stage 1: know themselves as male and female UNDERSTANDING THE WORLD - Early Learning Goal: Children know about similarities and differences in relation to places, objects, materials and living things. 		35. I notice that we are the same and that we are different	Naming body parts	We meet God's love in our family Y1 (15-18)	Module One: Created and Loved by God: Unit 1: Religious Understandin g Unit 2: Me,	Animal babies
development	 Key Stage 1: know and understand the process of growth from young to old and how people's needs change 			Babies brought into school by community members		My Body, My Health Unit 3: Emotional Well-Being Unit 4: Life Cycles	Visit to farm to see animal babies and matured specimens, life cycles and processes
	 Key Stage 1: recognise and compare the main external body parts of human bodies (learn the names of the main body parts) 	Yr 1					Science – living things, visits (e.g. Eureka)
	 Key Stage 1: recognise the similarities and differences between themselves and others and treat others with sensitivity PEOPLES & COMMUNITIES - Early Learning Goal: They talk about the features of their own immediate environment and how environments might vary from one another. 	Other Faiths (all)	1. We are all special 35. I notice that we are the same and that we are different	Rights Respecting, Circle Time, work on Malealea	Wonder at God's Love (P8) Nursery God loves each of us in our uniqueness – p11 Reception We meet God's love in the community pp19-22 Y2		Geography – looking at weather and climate

	 Key Stage 1: know and understand that humans and animals can produce offspring and these grow into adults (notice that animals, including humans, have offspring which grow into adults) Know & understand about growth in nature THE WORLD - Early Learning Goal: They make observations of animals and plants and explain why some things occur, and talk about changes. 	Yr 2 Growing F2					Science – living things
KEY STAGE STRAND	LEARNING OUTCOMES	Come & See	Statements to Live By	PSHE	Journey in Love	Ten:Ten	OTHER
KEY STAGE 1 / EYFS Celebrating faith in prayer,	 Key Stage 1: develop their relationship with God through prayer and acts of worship 	All topics	All topics		All Year groups	Module 3: Created to Live in Community: Unit 1: Religious Understandin	School/class assemblies, child- led liturgies, daily prayer, saying grace before lunch
worship and action	 Key Stage 1: engage in actions motivated by the life and teaching of Christ 	All topics	All Statements		All Year groups	g Unit 2: Living in the Wider World	Child-led liturgy, May Procession, Prayer Area, volunteer to help within the classroom (e.g. share a game or play with a friend).

KEY STAGE STRAND	LEARNING OUTCOMES	Come & See	Sta	atements to Live By	PSHE	Journey in Love	Ten:Ten	OTHER		
KEY STAGE 2 Understanding Self	value themselves as a child of God, and their body as God's gift to them	Ourselves Y5	4.	We are all special	All That I Am – syllabus,	God loves us in our differences pp28/29 Y4	Module One: Created and Loved by God: Unit 1:			
& how to relate to Others	recognise their own worth and identify positive things about themselves	Self-Discipline Y4 Ourselves Y5	5.	I can say one good thing about myself	Circle Time,	God loves us in our differences pp30/32 Y4	Religious Understanding Unit 2: Me, My Body, My Health Unit 3: Emotional Well-Being Unit 4: Life Cycles Module 2: Created to Love Others: Unit 1: Religious Understanding Unit 2: Personal Relationships Unit 3: Keeping Safe	Inter and intra- school competition, work with visitors from other schools		
	appreciate that life is precious & a gift from God	Neighbours Y1 Treasures Y2	1.	We are all special	Narconon, PCSO Cook, Crucial Crew, Evolve	God loves us in our differences pp28/29 Y4 God loves me in my changing development pp.33-36 Y5 The wonder of God's love in creating new life (pp37-41) Y6		Well-Being Unit 4: Life Cycles Module 2: Created to Love Others: Unit 1: Religious Understanding Unit 2: Personal	 Well-Being Unit 4: Life Cycles Module 2: Created to Love Others: Unit 1: Religious Understanding Unit 2: Personal 	
	listen to and support others, and respect other people's viewpoints and beliefs	Other Faiths (all) – including work with St Lawrence Academy Common Good Y6 Freedom & Responsibility Y5	17. 36.	I try to be just and fair I listen to what you say. I show that I am listening to you I try to be accepting of others	Rights Respecting, Safe School Ambassadors, School Council, Eco Club, Restorative Justice, visits from local MP – Mr Percy	How we live in Love pp22-27 Y3		Inter and intra- school competition, work with visitors from other schools Anti- radicalisation- learning how to say no		
	understand that bullying is wrong, different forms of bullying and the feelings of both victims and bullies				eSafety, cyber mentoring, Safe School Ambassadors, Safer Internet Day, DB Primary, Anti-Bullying Week	How we live in Love pp22-27 Y3				

		T		I		
•	see things from other people's	Witness Y6	36. I try to be	eSafety, cyber	How we live in	
	viewpoints, for example, their parents,		accepting of	mentoring, Safe	Love pp22-27 Y3	
	carers and teachers		others	School		
•	form opinions (for example about			Ambassadors,		
	relationships and bullying) and express	Common Good	8. I can say how I	Safer Internet		
	them to a variety of people	Y6	feel	Day, DB Primary,		
	, , ,		9. I try to stand	Anti-Bullying		
			up for myself	Week, PCSO		
			and others	Cook		
•	recognise different risks in different		1. I know what	Crucial Crew,	How we live in	
	situations and appropriate safe		to do if I see	Narconon, Say	Love page 23 Y3	
	responses		anyone	No assemblies,		
			being hurt	Fire Safety,		
				Water Safety,		
				Litter Picks, Safe		
				Cycling, Safe		
				Hand Washing,		
				Pedestrian Skills		
•	identify adults they can trust and ask		25. I know when	PCSO Cook, Chair		
	for help		to ask for	of Governors,		
	10. Help		help and	Named Person –		
			who to ask	Mrs Mell		
			for help	IVII S IVICII		
			from			
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KEY STAGE STRAND	LEARNING OUTCOMES	Come & See	Statements to Live By	PSHE	Journey in Love	Ten:Ten	OTHER
KEY STAGE 2 Family, Friendship Church, Community	be more self-confident in a wide range of new social situations, such as seeking new friends or taking on responsibilities in school, in the parish and at home	Homes Y3 Visitors Y3	2. I understand that rights match responsibiliti es		God loves us in our differences pp30/32 Y4	Module 2: Created to Love Others: • Unit 1: Religious Understanding • Unit 2: Personal Relationships • Unit 3: Keeping Safe Module 3: Created to Live in Community: • Unit 1: Religious Understanding	School performances and competition entries, choral speaking, class assemblies and collective worship, STEM, Lincolnshire Show, Crowle Show, Greenacres performances, Fair Trade, Food Bank, work with Andrew Percy MP (British values), PCSO Cook visits
	 understand that every family is different 	People Y4	35. I notice that we are the same and we are different			Unit 2: Living in the Wider World	Faith in Families, links with Malealea, family trees, assembly talks, work on the Royal Family
	recognise the many relationships in which they are involved, e.g. parents, family, friends, Church and various groups and communities Called Y4 Community Y4 Life Choices Y5 Mission Y5					Work with NOLCAT, Axholme Academy, Isle cluster, Reach4, Goldstar out-of- school club, Breakfast Club, Parish, St Lawrence Academy, multi- faith groups (Vocations Week)	

recognise differences and similarities between people in the school and wider community and know these can arise from a number of factors, including cultural, ethnic, racial, religious, gender and disability	Other Faiths (all) Common Good Y6 Mission Y5 (LF6)	35. I notice that we are the same and we are different 33. I know what human dignity means and I show that I respect others		God loves us in our differences pp28/29 Y4
recognise and challenge stereotypes, for example in relation to gender	Other Faith (all)	34. I stand up for people who are being treated unfairly	Rights Respecting	
recognise the importance of forgiveness in relationships and know something about Jesus' teaching on forgiveness	All Reconciliation topics	21. I know it is OK for me to make mistakes 22. I can learn from my mistakes and failures 29. I try to forgive people when they hurt me 30. I try to accept forgiveness from others 31. I know how to show I am sorry		How we live in Love p.27 Y3 The wonder of God's love in creating new life (pp37-41) Y6

Work with
NOLCAT,
Axholme
Academy, Isle
cluster, PE
cluster, Reach4,
Goldstar out-of-
school club,
Breakfast Club,
Parish, St
Lawrence
Academy, multi-
faith groups
(Vocations Week)
Whole-school
assemblies,
History work,
class collective
worship and key
stage collective
worship
Father comes to
hear confession

understand the need for respect, love and trust in relationships	Gift Y4 Unity Y6 Listening and Sharing Y3 Life Choices Y5	33. I know what human dignity means and I show that I respect others 1. We are all special 16. I know we are happiest when we are united	Rights Respecting	How we live in Love pp22-27 Y3 God loves us in our differences pp30/32 Y4 The wonder of God's love in creating new life (pp37-41) Y6	Father comes to hear confession
 recognise appropriate and inappropriate touches and greetings and know what to do to resist pressure when they feel uncomfortable 		26. I can recognise comfortable and uncomfortabl e feelings	Circle Time	How we live in Love p.26 Y3 How we live in Love pp22-27 Y3	School Assemblies, saying no assemblies, Safe School
listen to and support their friends and manage friendship problems	Building Bridges Y4 Unity Y6 Giving All Y3	36. I try to be accepting of others		God loves us in our differences pp30/32 Y4 The wonder of God's love in creating new life (pp37-41) Y6	Ambassadors, Good Buddies
 recognise that they can make good choices and bad choices; that all the choices they make have consequences and be able to anticipate the results of them 	Loving Y6 Choices Y3 Building Bridges Y4 Freedom & Responsibility Y5 Giving All Y3 Transformation Y5 (LF2)		Rights Respecting, PCSO Cook, Andrew Percy MP, Narconon, Crucial Crew, eSafety, British Values songs		
 begin to appreciate what is involved in bringing up children and what responsibilities parents have 	Loving Y6 Homes Y3 (LF2)		All That I Am	The wonder of God's love in creating new life (pp37-41) Y6	Science topics

KEY STAGE STRAND	LEARNING OUTCOMES	Come & See	Statements to Live By	PSHE	Journey in Love	Ten:Ten	OTHER
KEY STAGE 2 Know about emotional and physical development	know the rituals celebrated in Church that mark life, particularly birth, marriage and death	Giving All Y3 Promises Y3 Called Y4 Life Choices Y5 Vocation Y6 Healing Y6 Giving Y5				Module One: Created and Loved by God: Unit 1: Religious Understanding Unit 2: Me, My Body, My Health	Roleplay baptism, Remembrance Day, Bereavement Counselling, Class Collective Worship
	know that they grow and change throughout life			All That I Am	God loves us in our differences pp28/29 Y4 God loves me in my changing development pp.33-36 Y5 The wonder of God's love in creating new life (pp37-41) Y6	 Unit 3: Emotional Well-Being Unit 4: Life Cycles 	Science topics
	 recognise the changes that take place at puberty (e.g. emotional and physical changes) and how to deal with and express their feelings about themselves, their family and others in a positive way 	Homes Y3		All That I Am, midwife visits- menstruation, school nurse, mums and girls, dads and boys	God loves me in my changing development pp.33-36 Y5		
	 know and understand their bodies, the need for personal hygiene, that safe routines can stop the spread of viruses and how to combat disease (e.g. chicken-pox, tooth decay etc.) 		9. I can tell you how I look after myself 10. I think before I make choices that affect my health	All That I Am, Narconon, Crucial Crew, visits from doctors and school nurse			Work on micro- organisms in science
	 know and understand that the life processes common to humans and other animals include nutrition, movement, growth and reproduction 			All That I Am			Science, e.g. reproduction of plants and animals

	 know about the main stages of the human life cycle (Describe the life cycles common to a variety of animals, including humans - growth, development, reproduction, death) Describe the life processes of reproduction in some plants and animals 	Yr 5					Science
	Describe the changes as humans develop from birth to old age			All That I Am	God loves me in my changing development pp.33-36 Y5		Science
	Recognise the impact of diet, exercise, drugs and lifestyle on the way their bodies function			Crucial Crew, Narconon, School Nurse, PCSO Cook, Evolve	How we live in Love p.23 Y3		Inter and intra- school competition, Sports Day
	 Recognise that living things produce offspring of the same kind, but normally offspring vary and are not identical to their parents 				God loves us in our differences pp28/29 Y4		Science
KEY STAGE STRAND	LEARNING OUTCOMES	Come & See	Statements to Live By	PSHE	Journey in Love	Ten:Ten	OTHER
KEY STAGE 2 Celebrating faith in prayer, worship	develop their relationship with God through prayer and acts of worship	All topics	All Statements			Module 3: Created to Live in Community: Unit 1: Religious Understanding Unit 2: Living	Whole-school assemblies, History work, class collective worship and key stage collective
and action	engage in actions they know are motivated by the life and teaching of Christ	All topics	All Statements			in the Wider World	Whole-school assemblies, History work, class collective worship and key stage collective